San Juan County Fire Department
Licensed EMS Personnel
Core Competency Verification

Name:

Licensure Level:

SJC District:

Medical Officer signature:

Suction

Task	Classroom	Q/A	Observation
1. Catheter attached and suction turned on			
2. Personnel demonstrates / states they would suction no deeper than able to see			
3. Demonstrates / states suction until airway is clear			

Nasal Airway

Task	Classroom	Q/A	Observation
1. Check for gag reflex			
2. Measure / select appropriate size			
3. Airway appropriately opened			
4. Water-based lubricant applied (verbal OK for classroom)			
5. Insert (if resistance met, tries other nostril)			
6. Reassess adequacy of airway			

Oral Airway

Task	Classroom	Q/A	Observation
1. Check for gag reflex			
2. Measure / select appropriate size			
3. Airway appropriately opened			
4. Insert airway A. Inserts airway along roof of pt's mouth past uvula or until resistance met			
B. Gently rotate 180° (tip pointing down pt's throat) (or uses tongue blade for direct insertion)			
C. Flange rests even or slightly above teeth			
5. Reassess adequacy of airway			

Laryngeal Mask Airway

Task	Classroom	Q/A	Observation
1. Correct size chosen			
2. Pt. ventilated/oxygenated while LMA is prepared			
3. √ gag reflex			
4. √ cuffs for damage, H_2O based lubricant applied			
5. √ for sharp dental work/debris and remove if possible			
6. Pt's head positioned correctly (extended) and tongue moved forward. Cricoid pressure should be applied if possible			
7. LMA inserted appropriately			
8. Use appropriate amount of air to inflate the cuff			
9. Ventilate the patient			
10. Placement assessed by auscultation of chest and epigastric area			
11. Secure device / Reassessment			
Removal (if necessary)			
1. Deflate cuff, remove / Suction as appropriate			

Oxygen

Task	Classroom	Q/A	Observation
1. Demonstrate correctly attaching regulator			
2. Attaches tubing to regulator			
3. Sets liter flow to appropriate amount			
4. a. Correct application of Nasal Cannula			
b. Reservoir Mask correctly inflated and applied			

BVM

Task	Classroom	Q/A	Observation
1. Attaches O_2			
2. Mask positioned correctly			
3. Airway opened appropriately			
4. Ventilations produce adequate chest rise/fall			
a. Adequate seal			
b. Correct ventilatory rate			

Extremity Splinting

Task	Classroom	Q/A	Observation
1. Stabilize extremity			
2. Expose			
3. √ CMS (circulation, movement, sensation)			
4. Splint prepared and applied appropriately a. Padding prn, Immobilize above and below			
5. Re-√ CMS			

Traction Splint

Task	Classroom	Q/A	Observation
1. Injured extremity stabilized			
2. Expose injury site / shoe and sock removed			
3. √ CMS (circulation, movement, sensation)			
4. Splint adjusted to proper length			
Hare: Apply ankle hitch / support extremity, gentle traction applied. Slide splint into position, Fasten ischial strap w/ padding to groin, connect ankle hitch / traction applied. Fasten straps.			
Sager: Place splint appropriately, apply ischial strap then ankle hitch, and apply traction. Correctly fasten straps.			
5. Re-√ CMS			

KED

Task	Classroom	Q/A	Observation
1. Only on AAO x 3 w/ neck or back pain			
2. Manually stabilize airway			
3. √ CMS			
4. Correct application of c-collar			
5. Secure device appropriately. (no space between KED and pt's head) Head secured			
6. Re-√ CMS			
7. Pt. placed on LSB			

LSB

Task	Classroom	Q/A	Observation
1. CC: neck/back pain or MOI w/ altered LOC			
2. Manually stabilizes head w/ application of c-collar			
3. √ pt's back, CMS, secure torso, legs, lastly head			
4. Re √ CMS			

Defibrillation

Task	Classroom	Q/A	Observation
1. Pulseless / apneic pt.			
2. Turn machine on			
3. Pads attached and placed appropriately			
Remove excessive hair			
Dry chest and remove pt fm water			
Remove medication patches			
4. Follow AED instructions maintaining personal safety			

Inhalation Therapy Administration

Task	Classroom	Q/A	Observation
1. Assemble equipment			
2. √ medication name, expiration date and clarity			
3. Fills inhalation chamber w/ appropriate dose			
4. Hooks up to O_2 w/ appropriate liter flow			
5. Monitor patient for correct inhalation procedures, assist if necessary. Assess for effect			

Glucometry

Task	Classroom	Q/A	Observation
1. Glucometer appropriately calibrated and clean			
2. Test strips match machine			
2 a. √ Expiration date			
2 b. Strips kept in original container away fm heat and light			
3. Sterilize finger prior to test			
4. Poke finger with a single patient use lancet. Discard lancet in sharps container after use.			
5. Apply appropriate amount of blood to test strip			
6. Normal BGL: 60-120 mg/dl			
7. Clean glucometer and injector device appropriately to avoid blood contamination			

Vital Signs

Task	Classroom	Q/A	Observation
1. LOR: Responsive/ Not Responsive AVPU			
2. Respiratory Rate: Assess 15 seconds x 4			
3. Pulse Rate: Assess 15 seconds x 4			
4. Lungs Sounds: Clear, Equal Bilaterally			
5. Blood Pressure: Adult nl: 120/80			
6. Pupils: PERL			
7. SpO2: 90-100%			
8. BGL: 60-120 mg/dl			